# TOTAL PE+ Long term plan 2023 - 2024

## School: Orrets meadow school

Throughout the year staff will be receiving CPD to support their teaching. This will follow the needs of the teacher and may result in changes to the above.

Lessons are taught using a purchased Scheme of Work as a framework. Teachers are encouraged to make links to other curriculum areas where applicable. Enrichment activities e.g. judo, fencing, OAA may replace the above

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Stage 1** | Fundamental SkillsAthletics | GymnasticsGames | GamesDance | GamesFundamental Skills | GamesGames | GamesAthletics |
| **Stage 2** | Fundamental SkillsAthletics | GymnasticsGames | GamesDance | GamesFundamental Skills | GamesGames | GamesAthletics |
| **Stage 3** | Athletics Fundamental Skills | Keeping Possession – Hockey OAA  | Keeping Possession – Hockey Dance  | Sending and Receiving – Tag Rugby Linking Actions – Basketball  | Sending and Receiving – Tennis Linking Actions – Cricket  | Sending and Receiving – Tennis Linking Actions – Cricket  |
| **Stage 4** | Athletics Keeping Possession – Football  | Keeping Possession – Football OAA  | Keeping Possession – Basketball Dance  | Linking Actions – Hockey Linking Actions – Tag Rugby  | Sending and Receiving – Tennis Sending and Receiving – Rounders  | Sending and Receiving – Tennis Sending and Receiving – Rounders  |
| **Stage 5** | Athletics Health and Fitness  | Linking Actions – Football OAA  | Tactics and Strategies – Basketball Dance  | Creating and Closing Space – Tag Rugby Creating and Closing Space – Netball  | Linking Actions – Cricket Tactics and Strategies – Hockey  | Linking Actions – Cricket Sending and Receiving - Tennis |
| **Stage 6** | Athletics Health and Fitness  | Creating and Closing Space – Football Linking Actions – Hockey  | Tactics and Strategies – Basketball Dance  | Creating and Closing Space – Tag Rugby OAA  | Linking Actions – Tennis Sending and Receiving - Cricket | Linking Actions – Tennis Sending and Receiving - Cricket |

Each class will be taught 2 x PE Curriculum lessons per week. Lessons are taught by the class teacher. Year 6 will also swim in the summer term.