# TOTAL PE+ Long term plan 2023 - 2024

## School: Orrets meadow school

Throughout the year staff will be receiving CPD to support their teaching. This will follow the needs of the teacher and may result in changes to the above.

Lessons are taught using a purchased Scheme of Work as a framework. Teachers are encouraged to make links to other curriculum areas where applicable. Enrichment activities e.g. judo, fencing, OAA may replace the above

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Stage 1** | Fundamental Skills  Athletics | Gymnastics  Games | Games  Dance | Games  Fundamental Skills | Games  Games | Games  Athletics |
| **Stage 2** | Fundamental Skills  Athletics | Gymnastics  Games | Games  Dance | Games  Fundamental Skills | Games  Games | Games  Athletics |
| **Stage 3** | Athletics  Fundamental Skills | Keeping Possession – Hockey  OAA | Keeping Possession – Hockey  Dance | Sending and Receiving – Tag Rugby  Linking Actions – Basketball | Sending and Receiving – Tennis  Linking Actions – Cricket | Sending and Receiving – Tennis  Linking Actions – Cricket |
| **Stage 4** | Athletics  Keeping Possession – Football | Keeping Possession – Football  OAA | Keeping Possession – Basketball  Dance | Linking Actions – Hockey  Linking Actions – Tag Rugby | Sending and Receiving – Tennis  Sending and Receiving – Rounders | Sending and Receiving – Tennis  Sending and Receiving – Rounders |
| **Stage 5** | Athletics  Health and Fitness | Linking Actions – Football  OAA | Tactics and Strategies – Basketball  Dance | Creating and Closing Space – Tag Rugby  Creating and Closing Space – Netball | Linking Actions – Cricket  Tactics and Strategies – Hockey | Linking Actions – Cricket  Sending and Receiving - Tennis |
| **Stage 6** | Athletics  Health and Fitness | Creating and Closing Space – Football  Linking Actions – Hockey | Tactics and Strategies – Basketball  Dance | Creating and Closing Space – Tag Rugby  OAA | Linking Actions – Tennis  Sending and Receiving - Cricket | Linking Actions – Tennis  Sending and Receiving - Cricket |

Each class will be taught 2 x PE Curriculum lessons per week. Lessons are taught by the class teacher. Year 6 will also swim in the summer term.